



### Final Conference: R.E.C in Europe

## R.E.C. in Romania – results, future prospects





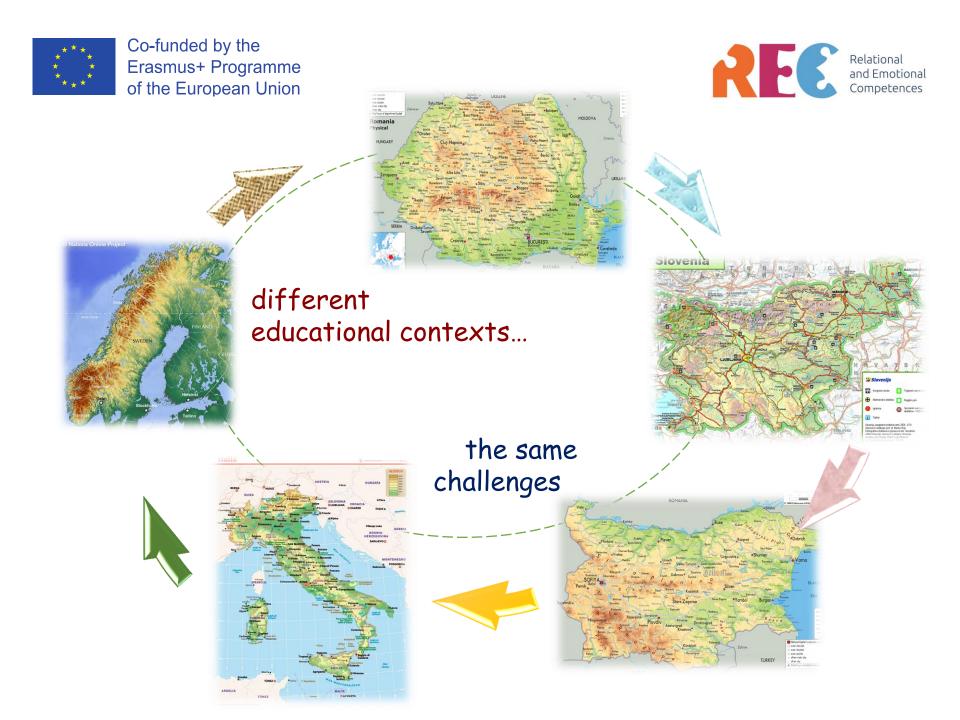














#### partner from Romania

#### Bacau County School Inspectorate



..... a public institution subordinate to The Ministry of National Education and its activity aims at achieving the main objectives of the educational system, as they are stipulated in the Law of National Education no. 1/2011, regarding the pre-university educational system

- providing counselling programmes and methodological support for a high quality education, to enable the development of each child's personality;
- informing and counselling teachers to optimise the educational activity.

The County Centre for Resource and Educational Assistance Bacau





#### România: schools involved

- COLEGIUL TEHNIC DE COMUNICAȚII "N.V.KARPEN" BACĂU
- COLEGIUL TEHNIC "GHEORGHE ASACHI" ONEȘTI
- COLEGIUL NAŢIONAL PEDAGOGIC "ŞTEFAN CEL MARE" BACĂU
- COLEGIUL NAŢIONAL "VASILE ALECSANRI" BACĂU
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- \$COALA GIMNAZIALĂ "ION CREANGA" BACĂU
- ŞCOALA GIMNAZIALĂ "ALEXANDRU PIRU" MĂRGINENI
- ŞCOALA GIMNAZIALĂ "MIRON COSTIN" BACĂU
- ŞCOALA GIMNAZIALĂ "CIPRIAN PORUMBESCU" COMĂNEȘTI
- ŞCOALA GIMNAZIALĂ "MIHAI DRĂGAN" BACĂU
- ŞCOALA GIMNAZIALĂ "ALEXANDRU IOAN CUZA" BACĂU

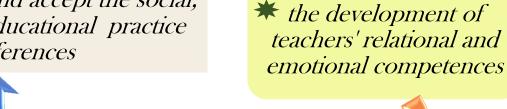
11 schools - all levels of education are represented: preschool, primary, secondary and high school

9 teachers were selected from each school, together with the school counsellor.

### R.E.C. project - a challenge, from the begining....



\*understand and accept the social, cultural and educational practice differences



\* reducing work-related stress and the risk of professional abandonment

\* learning ways to emotionally manage difficult professional situations



\*reinforce the feeling that we are part of a European professional community



### O.1 - Schoolkit: relational and emotional questionnaire (RECQ) and observational grilles regarding REC



342 questionnaires for REC teachers (114 for each application: T1 + T2 + T3)

252 questionnaires for non-REC teachers (126 for each application: T1 + T2)

93 observation grids for pupils between 3 and 10 years old (31 for each application: T1 + T2 + T3)

alternative și să exprimi gradul de frecvență, încercuind una dintre variantele: \*

Se poate întâmpla să nu te regăsești pe deplin în niciuna dintre aceste afirma caz, te rugăm să încerci totuși să răspunzi, încercuind o variantă.

Niciodată Câteodată Adesea Îr l. Miciodată Câteodată Adesea Îr clasă, fără să înțeleg de ce.

2. Conștientizez faptul că starea mea emoțională afectează interacțiunea cu elevii.

3. Pentru mine e foarte greu să construiesc relații pozitive cu colegii mei.

4. Acționez din instinct.

Q.12 Îţi vom prezenta câteva afirmații și te rugăm să alegi între diferitele

iding how to control cookies

1694 questionnaires for students between 11 and 19 years old (874 questionnaires for each application: T1 + T2)

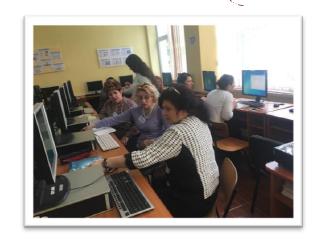


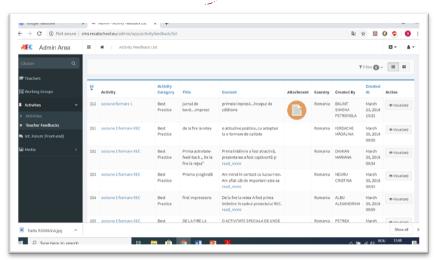


## O2. Web training: interactive multimedia platform

virtual space in which teachers uploaded their homework, found learning resources there, shared their reflections in the journal and provided feedback to the trainers.























Teachers have experienced different roles:

...actors in exciting roleplaying games ....partners who reflected on their own career path and on their own intrapsychic universe

...adults who put themselves in the slippers of the students to better understand the way. in which they think, feel, act

















#### TEACHERS experiencing the emotional symmetry...

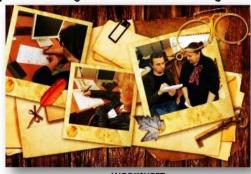


#### WORKSHEET

Please write a letter to a teacher who has marked you in a personal or a professional way. Perhaps you did not have the opportunity or the courage to share your thoughts and feelings with him / her, but maybe, through this letter your message will fly freely to his/ her heart:

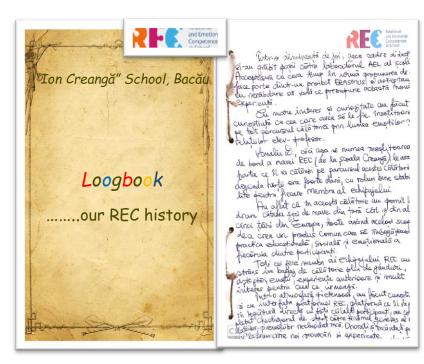


#### TEACHERS experiencing the emotional symmetry...



#### WORKSHEET

n your personal history an experience as a student.	The age when it happened
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our personal history an unpleasant experience as a prolved also a teacher.	The age when it happened
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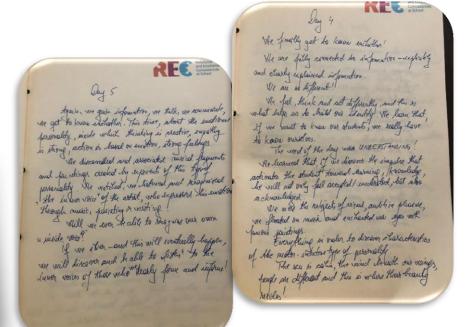


The LOOGBOK, a personal story of each group.





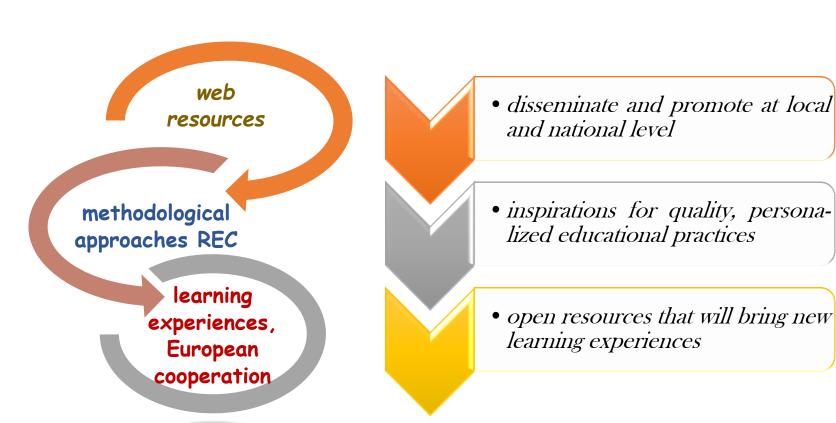
...recorded the emotions and beautiful moments built together by the REC teams







#### REC - sustainability, look to the future





















# Thank you for everything we shared, for the wonderful learning experiences, together!













